


standardized tests are also administered to better understand the nature of your typical workday. The length of the FCE depends on the complexity of the illness or injury, and the availability of clearly-defined physical demands.

FCE is available now at **Ellenville Regional Hospital**. Please call our FCE specialist Theresa Marcel today at **845-647-6400 ext. 292** to schedule an appointment. 

Portable Defibrillators Awarded

by Kathryn R. Hornbeck, CMPE

The *Village of Ellenville Police Department* and the *Ulster County Sheriff's Department* received automatic external defibrillators (AEDs) as a result of a New York State Office of Rural Health grant. Mid-Hudson Family Health Institute (Institute), operator of the *Family Practice Centers* of Ellenville, Kingston, New Paltz, Port Ewen, New Windsor, and Hyde Park, was awarded this \$4,000 grant for the purpose of placing AED units in locations accessible to first responders in rural areas. The Institute worked with Police Chief Philip Matracion of the *Village of Ellenville Police Department* and First Sergeant Vincent Altieri of the *Ulster County Sheriff's Department* to place three units in department vehicles.

Traditionally, the ability to defibrillate was solely in the hands of emergency medical personnel. AEDs are a new generation of defibrillators that allow trained lay rescuers to deliver an electronic shock for a cardiac arrest. The new AEDs are safe, effective, lightweight, low-maintenance and easy to use, and have improved survival rates for cardiac arrest victims in remote locations when quick EMS response isn't always possible.

"Often, law enforcement personnel are the first on the scene of an accident or rescue call. Having these (AED) units in our vehicles could be the difference between life or death," stated Chief Matracion (*below, white shirt, with, from left, Ellenville Village Manager Elliott Auerbach, Village Trustee and EFA&RS volunteer John Gavaris, and Ms. Hornbeck*). "We have had a long-



standing relationship with the *Family Practice Center of Ellenville* and are grateful the Institute chose our department to receive one of these units."

Mid-Hudson Family Health Institute is a not-for-profit medical services and medical education organization with its corporate offices located in New Paltz. The Institute manages and operates six family practice centers, two dental care centers, and two OB/GYN care centers in Ulster, Dutchess, and Orange counties. The Institute has been the recipient of Rural Health Network Development Program grants for the past four years. This First Responder AED grant was in collaboration with the New York State Healthy Heart Program, Health Research, Inc., and the American Heart Association.

Contact: **Mid-Hudson Family Health Institute, Inc., 279 Main Street, New Paltz, New York 12561, 845-255-3766, 845-255-3753 Fax.** 

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June 3, 4, 5, & 6

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Sunday: 10:00 am – 4:00 pm

Monday: 6:00 – 9:30 pm

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Register in Advance at:

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Limited to the first 30 callers to 845-647-8866!