



## New Cardiac Stress Treadmill

Ellenville Regional Hospital is pleased to announce the purchase of a new, cardiac stress treadmill as part of its technology improvement program.

The Quinton Q-Stress treadmill, a leader in cardiac diagnostic equipment, is used to diagnose heart disease in its early stages and to guide rehabilitation after heart disease has been diagnosed. With computerized programming and reporting, it also has the advantage of a finer tilt for different levels of evaluation, and can also accommodate heavier patients.

Cardiac patients may also be diagnosed by stress testing in conjunction with sophisticated imaging techniques, such as stress echocardiography, which is offered in the *Cardiology Department* at **Ellenville Regional Hospital**, and nuclear cardiology. The hospital has plans to offer nuclear stress testing in the near future to better accommodate its patients.

"The addition of the new stress treadmill is a coup for the *Cardiology Department*," said Dr. Brooks Mirrer, Director of the *Cardiology Department* at **Ellenville Regional Hospital**. "This will allow us to provide a more comprehensive cardiac evaluation for our patients. This is a great service to have in our community, without the need for our patients to travel outside of the Ellenville area."

In order to undergo a stress test, patients should obtain a referral from their primary care physician, or should make an appointment for a preliminary evaluation by Dr. Mirrer for suitability and treatment options.

The *Cardiology Department* at **Ellenville Regional Hospital** can be contacted by calling 647-6400, ext. 201.

## Back Pain Management

Sore Back? Maybe you injured your back in a car accident. Or maybe it was shoveling snow. Or maybe it was as simple as picking up a heavy object. Whatever the cause, let us help you to find relief!

**Ellenville Regional Hospital** and the *Family Practice Center* of Ellenville are uniting to sponsor a presentation by Dr. Marc Rosenblatt, Physiatrist and Pain Management Specialist, on the topic of "Back Pain Management."

Dr. Rosenblatt will talk about solutions for relieving back pain, from physical therapy to injections, on **Tuesday, January 18<sup>th</sup>** beginning at **11:00 AM**. The program will be held in the main lobby of **Ellenville Regional Hospital** and is open to all, free of charge. Lunch will be served.

For information about this program and other **ERH** services, call **647-6400**.

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