

B & B's EZ Recipes

by Barbara Hoff & Betty Walsh, *Top Shelf Jewelry*

It's the time of year when we no longer are stuck inside cooking! We can now venture outside, uncover or dust off the grill, and get down to BARBECUIN'! We've put together a few grill sauce recipes that we enjoy and hope you will, too.

Plain Old Easy Barbecue Sauce


3 cloves of garlic
1 T. salt
1 T. coarse black pepper
¼ c. vinegar
½ c. orange marmalade (can also use peach)
1 can (10½ oz) tomato soup
1 c. brown sugar
¼ c. olive oil

This should all be mixed together by first mashing the garlic gloves with the salt and pepper and then combining all ingredients. Let the mixture set in the refrigerator over night. The next day it will be ready to use over any type of meat, poultry, or fish. Whatever you choose should marinate for 2-6 hours, depending on the strength of flavor you wish.

Chinese Sauce


½ c. soy sauce
½ c. brown sugar
¼ c. rice vinegar
1 clove garlic
½ tsp. ginger
½ tsp. cinnamon
¼ tsp. ground pepper
¼ tsp. salt
¼ c. olive oil

Mash together the garlic clove, salt and pepper, then combine the rest of the ingredients, mixing completely.

Let the marinade sit for about one hour before use; whatever meat, poultry or fish is used, let it sit in the marinade for about two hours, turning often. We recommend this sauce for use on salmon or pork. Remember, when cooking fish on the grill, use foil, or the special contraptions that can be purchased, or you will have millions of pieces! Also, when using your grill... clean it!!! We know it's a pain and we tend to treat them like an outdoor, self-cleaning oven! Enjoy and also try experimenting with the sauces on some vegetables. 

USDA Program for Home Repairs

Repair Loans and/or Grants are available to very-low-income rural homeowners to improve or modernize their home, remove health and safety hazards, or make homes accessible for people with disabilities. The maximum loan amount that can be borrowed is \$20,000, and the interest rate is permanently fixed at one percent (1%). Grants up to a lifetime maximum of \$7,500 are available for very-low-income seniors, age 62 and older, who cannot afford a loan. Grant funds must be used to remove health or safety hazards, or to remodel dwellings to make them accessible to household members with disabilities. USDA Rural Development can provide assistance on single family homes that do not exceed a market value of \$154,896.

The USDA Rural Development's Middletown office serves Ulster County. In order to qualify for this program, a household's income must be within the very-low-income limit, which is listed by the size of the household and county of residence. For example, in order to be income-qualified for the repair loan or grant program, a family of two in Ulster County would need to have an adjusted annual income (based on Rural Development adjustments) of no more than \$22,350. For information on applying for assistance under USDA Rural Development's Section 504 Loan and/or Grant program, please visit or contact this office by mail or phone at: **225 Dolson Ave., Suite 104, Middletown, NY 10940, 343-1872 Ext. 4** or email: rdmiddletown@ny.usda.gov 




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