



# Lonstein Chiropractic & Acupuncture

Is pleased to announce a **FREE** Lecture Series On  
**Oriental and Alternative Medicine**

All Lectures Begin at 7pm - Refreshments Served - Please Call for Reservations

## SCHEDULE:

- Mar. 9, 2004 Balancing Hormones Naturally - a Holistic Approach to Women's Hormone Related Health Problems
- Apr. 13, 2004: A Drug Free Approach to Treating Learning Disorders (Attention Deficit Disorder & Hyperactivity)

SATURDAY HOURS NOW AVAILABLE BY APPOINTMENT

## Dr. Herbert M. Lonstein, D.C., L.Ac.

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