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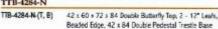
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All Lectures Begin at 7pm - Refreshments Served - Please Call for Reservations

## SCHEDULE:

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Feb. 10, 2004 Natural Solutions to Allergy Problems

Mar. 9, 2004 Balancing Hormones Naturally - a Holistic Approach to Women's Hormone Related Health

roblems

Apr. 13, 2004: A Drug Free Approach to Treating Learning Disorders (Attention Deficit Disorder &

Hyperactivity)

SATURDAY HOURS NOW AVAILABLE BY APPOINTMENT

Dr. Herbert M. Lonstein, D.C., L.Ac.

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