Hospital Readout

Ellenville Hospital Establishes Dietician & Diabetes Educational Services

Community Educated on Management of Diabetes

On November 12th, over thirty community residents attended a diabetes "grand rounds" lecture presented by Ms. Aradhna Pal at the *Ellenville Public Library*. This was the first of a monthly series of clinical educational programs sponsored by *Ellenville Regional Hospital* and open to the general public.

The Hospital recently welcomed Aradhna Pal, MS, RD, CDE, Registered Dietician and Certified Diabetes Educator to its staff. Ms. Pal provides inpatient consultations, outpatient counseling, and home visits on nutrition and diabetes dietary issues. She received her Masters of Science in Nutrition Education from Queens College of the City University of New York, and holds a diabetes educator certification from the American Association of Diabetes Educators.



Among her many accolades, she received the "Best Paper" Award at the Indian Dietetic Association Convention, and the "Graduate Award" from Queens College. Since graduating in 1992 from Queens College, she has practiced in the Middletown area and is experienced in both adult and juvenile diabetes.

"We are extremely fortunate to have acquired the services of a dietician the caliber of Ms. Pal," said Michael Mazzarella, president and chief executive officer of *Ellenville Regional Hospital*. "We are especially grateful to be able to expand nutritional services to our diabetic patients."

Ms. Pal provides services at *Ellenville Regional Hospital Monday through Friday*. For more information, call 647-6400 Ext. 236. *Ellenville Regional Hospital*, 50 Shop Rite Blvd., Ellenville NY 12428 (845)647-6400 or Fax: (845)647-2076.



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